

Frisc o Area Retired School Personnel

MOUTHPIECE — September 2018

Tuesday, Sept. 4th, **FARSP** Meeting at Frisco CTE Center

www.localunities.org/Frisco

find us on Facebook: FARSP

President's Mouth

By Sandy Carlisle



Dear FARSP Members,

It's time for a new year, hooray! Your FARSP, District 10, and state officers have been working hard this summer making plans for some great activities for us all. Come join us on outings and volunteer activities, and hear more about our fight to protect our TRS benefits. Our first local meeting is the 1st Tuesday, September 4th, at the CTE Center. Come at 9:30 for refreshments and to visit with local area candidates. After the candidates address us briefly, we will have some fun and games time together!

FARSP PROGRAMS 2018-2019
1st Tuesday of the month at CTE Center
(Jan. and April are 2nd Tuesday)

Sept. 4 Meet your Candidates & Game Day Social

Oct. 2 TRTA Executive Director Tim Lee

Nov. 6 Frisco Police Dept
Nov. 10 FARSP Craft Fair

Dec. 4 Christmas Luncheon Student Musical Entertainment

Jan. 8 Fitness Fun Program
(2nd Tuesday)

Feb. 5 Kimberly Bracket: Kids-Prosper-Kids

March 5 TBD: Update on City Happenings or Technology

April 9 Simply Blessed
(2nd Tuesday) Floral Program

May 7 Review of Year and Installation of Officers

THE LEGAL EAGLE

By Brenda George

2018 Sept. **Legislative Mouthpiece**

The summer of 2018 has made itself memorable with the hundred degree days and rain in August. I hope everyone made some fun memories this summer!

Are you all rested and ready for another busy year?!?!?

FARSP members we will need to continue to be proactive this year. In order to give you a good start we are holding a **Meet and Greet at our September 4th meeting**. There will be several candidates attending between 9:30 – 10:00. This will be a perfect opportunity for you to talk to the candidates in your voting district. When our business meeting begins each candidate will have an opportunity to speak for 1 minute. During this time you will be able to put a face with a name and listen for key words that will affect your budget and health care.

When talking to your candidate here are some topics you could discuss:

“Will you protect our Defined Benefit pension system for all public education?”

*What are your ideas on how to make health care affordable for all Texas education retirees?”

“Do you know that many of our members have not received an increase in state contributions for nine years? Our monthly income is not keeping up with the cost of living. As a legislator how will you help us receive a cost of living increase? The majority of our members only receive income from TRS.

The October 2nd meeting you do NOT want to miss!!! Invite your neighbors, active teachers, and relatives to **come to our OCTOBER 2nd meeting!!!**

Executive Director of TRTA, Tim Lee, will be speaking!!! We are always so excited when his schedule will allow him to join us and bring us up to date on the latest Legislative happenings! His enthusiasm is contagious!!!

Continued——next page

BOOKS, BOOKS, BOOKS

By Rhonda Jackson

The **Lending Library** will be open at our first meeting on September 4th. I sold the last few remaining books from our 2017-18 year at Half-Price Books, so we will be starting with a clean slate. So...please bring those treasured finds from your summer to share with other members!

Children's Books: I am so happy to announce our 2018-19 book donation recipients. O'Dell Elementary is a new school in Celina, and they are so excited about working with us. They will gladly accept new and gently used books for grades K-5. They have no particular requests, just books for their kiddos to enjoy! Our second recipient will be the CASA of Collin County Office. CASA gives books to families that are reuniting as well as foster families, hoping to encourage a love of reading for those kiddos who might not otherwise be able to enjoy the happiness of owning their very own books. The age-range for these children is 1-18, and the ethnic diversity of these children ranges from Anglo to Hispanic to African American. So, our horizon to foster literacy among these kids is wide open! CASA does require, however, that the books be new.

I so look forward to seeing all of you on September 4th! And please



Décor Galore

By Tricia Phillips

Catherine Fowler and Billy Vandeventer will be our first FARSP table decorators kicking off our new year. Ending our last year with beautifully decorated tables were Joyce Crook and Mary Ann Ashby. LADIES, WE ALL THANK YOU SO MUCH!

Additionally, a signup sheet will be displayed at our first meeting for those of you that will volunteer to decorate a Christmas holiday table. So far, we have 6 volunteers, and we need 6 more plus 3 more people to bring live poinsettias for the front podiums. Volunteers so far are: Frances Justus, Judy Stamper, Karol Kuykendall, Vicki Ryan, Susan Burkett, and Tricia Phillips. It's such a highlight to walk in at this Christmas meeting to have the tables all decorated differently and looking so special. Please volunteer and help us complete our list.

Mark your calendar for:

District 10 Fall Conference – October 22nd

TRTA State Convention in Austin – April 1-3

TRTA Day at the Capitol (Rally Day) – April 3rd

Spring Leadership Conference – April 22nd



At Scholarship **NIGHT** with our future teachers, **Tatum Stephens** and **Kelli McArdle**. Kelli was one of Gail West's students at Staley Middle School! Small world!

THE LEGAL EAGLE

Continued....

I look forward to working with all of you as a member of my Legislative Team!!! Please let me know if you would be a contact chair for you legislator.

New Retiree Luncheon

Gail West

The New Retiree Luncheon was held Tuesday, August 21 at the Frisco ISD CTE Center. We had 49 members who signed in and 14 new retirees attend. It was fun to see everyone again and begin a new year of FARSP.

Many thanks to the Luncheon Committee. They worked very hard to ensure this event was successful. We appreciate you Susan Burkett, Sandy Carlisle, Rhoda Christie, Brenda George, Sandy Hansel, Vicki Hicks, Teresia Kolacek, Debra Purefoy, Vickie Ryan, Mary Smith, Judy Stamper, Billy Vandeventer and Mercy Westphal. Thank you Karol Kuykendal who made the koozies for the new retiree goody bags. I am also grateful to the members that called people for the luncheon. Thank you Jo Di Donato, Jane Furr, Sandy Hansel, Vicki Hicks, Rhonda Jackson, Dian Kildebeck, Suellen Mooney, Tricia Phillips, Brenda Pierce, Jo Ann Weckman, and Mercy Westphal. Thank you also to the fabulous members that brought food. We had a 'feast!' 'It takes a village to raise a child' and likewise, it takes many wonderful FARSP members to have a successful event. Thank you SO much. You all made this a fun event to plan!



Healthy Living

By Susan Hall

The new school year brings us renewed reminders to make **Healthy Living** choices!

Let's all remember to drink more water, stretch and exercise more and get the best nutrients for our health through smart food choices! The following site gives a vast amount of information:

<https://www.choosemyplate.gov/vegetables-tips>

Choices for fresher and more nutritious food choices are becoming more locally available. Frisco and the surrounding areas offer **Farmers' Markets**, as well as a variety of grocery stores with fresh produce.

September is National Preparedness Month, as well as **National Food Safety Education Month**.

Let's all be proactive in taking precautions as appropriate for our individual situations.

National Preparedness Month Ready Campaign:
FEMA/DHS (800) 462-3362
www.ready.gov

National Food Safety Education Month Partnership for Food Safety Education
(202) 220-0651

