

HARTA



EXTRA

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Thanks to the great response from our HARTA members, this Newsletter Arranger was able to add an EXTRA edition.

THANK YOU!
Mary Lou Purello

MEET DR. FAGEN

Dr. Elizabeth Fagen

Humble ISD Superintendent of Schools

HARTA is part of the reason why I am excited to be living and serving in Humble ISD. Approximately eight months ago, my husband Matt and I began exploring communities across the country – communities where we could see ourselves putting down roots, raising our two young daughters, and contributing to our community, in alignment with our family values. Ultimately, we narrowed our search to one school district in America -- Humble ISD. Humble ISD is the district we want for our own children.

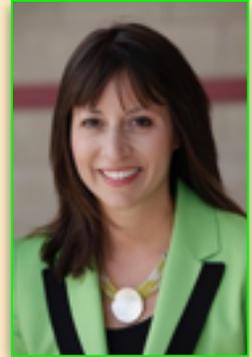
HARTA and its members built a foundation for student achievement centered on the whole child. I feel it is quite an honor that I was selected to serve as Humble ISD Superintendent, and it is a great privilege to build upon the foundation of excellence you have established.

Education is something that has always been central to my life; my mom was a public school teacher in Iowa. I, too, became a teacher – teaching high school biology and chemistry and coaching tennis before serving as a high school principal and executive director of high schools. I bring to Humble ISD 20 years of experience, including eight as superintendent serving the Tucson, Arizona, and Douglas County, Colorado, school districts.

In my role as superintendent, I exist to serve and support others who work directly with students. That's why my top priority as Humble ISD's new superintendent is to listen, learn and build relationships. I know from many years of experience that the vision for a school district must come from the entire community, not just one person.

The 2016-2017 school year will bring many opportunities, especially with the 85th Texas Legislature convening on Jan. 10, 2017. Thank you to HARTA's leadership for welcoming me so warmly, and I look forward to partnering with HARTA as we work collectively in the best interest of students, staff, and community.

Dr. Fagen can be reached at Elizabeth.Fagen@humble.k12.tx.us or on Twitter [@ElizabethFagen](https://twitter.com/ElizabethFagen).



Welcome Dr. Fagen

Carolyn Mashburn and Mary Lou Purello met with Superintendent Dr. Kathleen Fagen. She is looking forward to working with HARTA.

OPERATION PEDRO PAN
as told by
Jose Montes

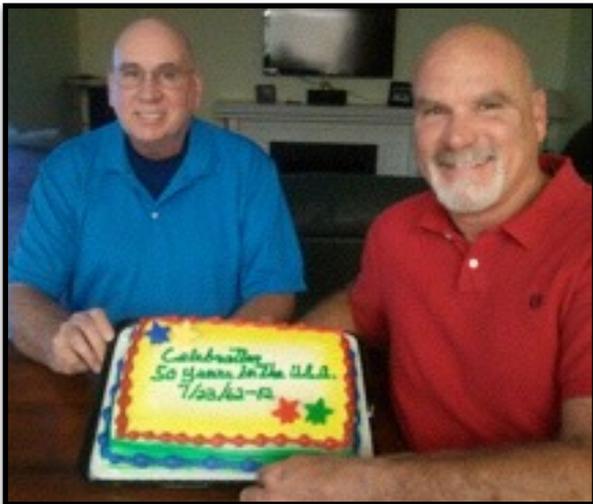
Saturday, July 23, 2016 marks the 54th anniversary of Jose Montes and his younger brother's arrival to the USA as Cuban exiles via *Operation Pedro Pan*. He and his brother, Carlos, arrived with many other unaccompanied children. Pedro Pan was a program created by the Catholic Welfare Bureau (Catholic Charities) of Miami in December 1960 at the request of parents in Cuba to provide an opportunity for them to send their children to Miami to avoid Marxist-Leninist indoctrination. Jose and his brother were exiles not immigrants. His brother was 4-3/4 years old and Jose just had turned 14.

Operation Pedro Pan sponsored by Catholic Charities provided the visa waivers for the 14,048 children that left the country unaccompanied of their parents from Cuba from December 1960 to October 23, 1962. It is the largest exodus of children in the Western Hemisphere. All children were political exiles. Some of the children were never able to reunite with one or both of their parents. Some of the children who had no families in this country were relocated to various camps, foster homes throughout the country. Jose tells the tale of how he and his brother went to live with their uncles and they were lucky to reunite with their parents 4-1/2 years later. Both, my brother and I, says Jose, are now Naturalized Citizens, I in particular since May 31, 1974.

Here are two links for more information:

www.cubankids1960.com

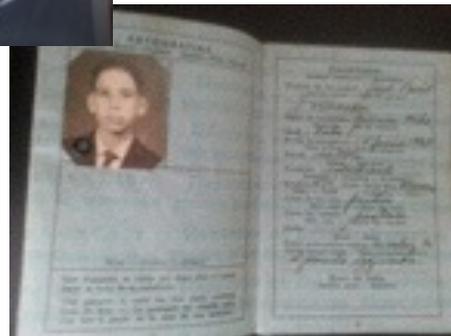
<http://www.pedropan.org>



Jose Montes and his brother Carlos taken four years ago



Monsignor Bryan Walsh



Jose's passport

TRIPS, TOURS AND NEWS



Dianne Trautman and her husband enjoyed hiking to Shrine Mountain in Vail Pass, Colorado this summer at 11,900' elevation!



Marjo and Carolyn enjoying a Precinct 4 trip

CONGRATUALATIONS!

Eileen Medler-Chzanowski was excited to attend the graduation ceremonies at Kings Point Merchant Marine Academy . Her son, Ehan Bridger Medler received a B.S. In Marine Systems Engineering and Commisioned as an Ensign in the U.S. Navy.



Membership Benefits by Beckye Hendricks

TRTA Membership has advantages!

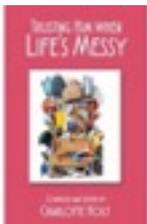
The TRTA Members Benefit Committee have recommended the following member benefits:

Insurance, Medical, Security, Credit, Lodging, Travel, and Entertainment.

For more detail about benefits:

www.trta.org/members/trta-member-benefits/

Words from Charlotte Holt



I have recently published a new book, "Trusting Him when Life's Messy." I will be selling and signing it at Humble First Assembly on Sunday July 24. If you aren't able to come, you can buy the book on amazon. My author page for all my books is www.amazon.com/author/charlotteholt. I am also in the process of writing "Trusting Him when Life's Difficult" and "Christmas Traditions." I am soliciting stories for those books. Deadline for "Life's Difficult" is August 1 and deadline for "Christmas Traditions" is October 1. If you have a story to share, please contact Charlotte Holt at charlotteholt@me.com for information and guidelines.

From Dawn Meador

We celebrated several wonderful milestones this summer! Our youngest got married on June 3! Then we celebrated our 40th wedding anniversary by taking our grandchildren and their parents to **DisneyWorld** later in June!



from Angela Doepping

On June 22, Jurgen and I celebrated our 50th Wedding Anniversary. Our children took us on a family trip to Big Cedar Lodge in the Ozark Mountains. It was so wonderful to have all of our children and most of our grandchildren with us on the vacation.

The following weekend, our children hosted an Anniversary Reception in our honor. It was such a beautiful event and beyond anything we could have ever imagined. No detail was overlooked. Flooded with pictures through the years and everything covered in gold, the dinner, cakes, toasts and dancing into the night made it all so special.

We are overwhelmed by the love from our children and hundreds of friends throughout the years of our marriage that celebrated with us! We are truly blessed.



My husband and I (Estel Dale Cook and Trilla Cook of Kingwood) just celebrated our 50th anniversary. On July 2 family and friends came to a celebration hosted by our daughter Tracie and her husband Rob Kenyon of Austin, our son Matt Cook, his wife Shannon, and their daughters Emily and Anne of Kingwood. Previously, April 27 to May 8, we took a three-week cruise from Houston to Fort Lauderdale, Bermuda, Liverpool, Wales, Hamburg, Le Havre/Paris and South Hampton/London. We enjoyed four days in London before flying back to Houston. The celebrating is over and we're looking forward to the next 50!!

I've started writing about our recent trans Atlantic three-week cruise on my blog trillastravels.com, and hope to give readers an idea of the experiences we had...mostly good! First-time cruiser might be interested...



News from Julia Nation

Attached is a photo of my sister Eula McKown, a friend Dani Beth Crosby, and me at the Port of Honolulu. Eula and I took a cruise to Hawaii in March. We enjoyed seeing Pearl Harbor and other sites of the islands.

This was my 50th state to visit; now I look forward to seeing more places in each of the states.

Health Care by Linda Rhodes and Latreca Black

Vaccines for Adults

- ❖ **Tetanus (Td or Tdap)**- After the initial series of tetanus shots as a child (included in the Dtap), all adults need a booster every 10 years. It is recommended that one of those be replaced with a Tdap to protect against whooping cough (pertussis) at some point between the ages of 19 and 64.
- ❖ **Pneumonia**- All persons over the age of 65 should have a pneumonia vaccine one time. If you have risk factors putting you at higher risk for the disease, you may need this vaccination before you turn 65. People with chronic illnesses and suppressed immune systems will need this vaccine every 5 years.
- ❖ **Influenza**- The current recommendations for flu shots are that all children under 18 and all adults over the age of 50 receive the vaccination yearly. It is also recommended as a yearly vaccination for anyone between the ages of 19 and 49 who meets at-risk criteria.
- ❖ **MMR** - If you have not had an MMR vaccine and have never had measles, mumps or rubella (German measles), you may need the vaccine. One or two doses are recommended if you are between the ages of 19 and 49 and one dose is recommended for those over the age of 50 who are at high risk for these diseases.
- ❖ **HPV**- The HPV vaccine is a relatively new vaccine to prevent certain types of cervical cancer. It is recommended for girls between the ages of 11 and 24 and needs to be given in three doses.
- ❖ **Varicella (Chickenpox)**- The varicella vaccine is recommended for all adults who have never had the vaccine and have never had the chickenpox disease. This vaccine is given in two separate doses.
- ❖ **Hepatitis A**-The hepatitis A vaccine is recommended for all adults who are at high risk for the disease. It is given in two doses.
- ❖ **Hepatitis B**-The hepatitis B vaccine is recommended for all adults who meet high-risk criteria for the disease. It is given in three doses.
- ❖ **Meningococcal**-The meningococcal vaccine is recommended for all adults who are at high risk. It protects against certain types of meningitis and pneumonia. One or more doses may be necessary depending on your risk factors and your doctor's recommendations.
- ❖ **Zoster (Shingles)**-One dose of herpes zoster vaccine is recommended for all adults over the age of 60. It protects against shingles, regardless of whether the person has had the disease before or not.

Info and Protective Services, by Judy Ardoin Reverse Mortgages

What is it? A reverse mortgage allows a homeowner (62 years or older) to convert all or a percentage of the equity in your home into cash without having to sell your home or make monthly payments.

What are the 3 different types?

- 1) Single-purpose. Offered to most low or mid-income homeowners.
- 2) Federally-insured.. This type is usually more costly, but can be used for any purpose(s). You can be paid in monthly cash advances, a line of credit, or a combination of monthly payments and a line of credit.
- 3) Proprietary. These are private loans and are not federally insured.

Advantages

Loan advances are not taxable. They don't affect Social Security or Medicare benefits, and you retain the title to your home. The loan does not have to be repaid until the last surviving borrower dies, sells the home, or no longer lives in the home.

Drawbacks

Your heirs may be left with fewer assets unless the loan is repaid. In retaining your title to your home, you are still responsible for property taxes, insurance, utilities, maintenance, and other expenses. The interest is not deductible on federal income taxes. There are origination fees, mortgage insurance premiums, servicing fees, and other closing costs that may be charged.

It's good to get as much information as you can before talking to a counselor. You may qualify for other types of programs, or grants. Call 1-800-677-1116, or visit www.eldercare.gov to ask about "loan or grant programs for home repairs or improvements", "property tax deferral", and how to apply. When talking to a counselor, make sure they explains the Total Annual Loan Cost (TALC) rates. To get a list of counselors, call 1-800-569-4287 or visit www.hud.gov. You can also contact the National Council on Aging by visiting ncoa.org or calling 1-800-510-0301. As with all other legal and financial transactions, make copies of all correspondence and require all information to be in writing.



SOCIAL COMMITTEE

Do you usually arrive at HARTA meetings early? Do you like people? Then we NEED you! The Social Committee is looking for volunteers to help us set up the refreshments at each of the HARTA meetings this year. Contact Brenda Pearson or Dana Downey-Garrett at either of the emails below if you are interested in being a part of our group.

brenda122446@gmail.com, denadowney@kingwoodcable.com



HARTA Committee Chairs hard at work! Meeting was held on July 13 to review details of the upcoming year.

HEALTHY CHOICES FROM YOUR HEALTH COMMITTEE

Mediterranean Watermelon Orzo Salad

Steps:

- Cook orzo in salted, boiling water according to package instructions, about 10 mins. Drain well and pour into large bowl.
- In small bowl, combine dressing, cumin, lemon juice, zest and mint. Pour over orzo and stir to combine. Let cool slightly.
- Add watermelon, cucumber and red onion to orzo and stir. Season with salt and pepper to taste. Garnish with crumbled feta and chopped pistachios, if desired.

Ingredients:

2/3 cup orzo
1/3 cup Panera® Greek Dressing
1/2 tsp. cumin
1 tbsp. each lemon juice & lemon zest (1/2 lemon)
1 tbsp. mint, chopped
4 cups watermelon, diced
1 English cucumber, diced (about 3 cups)
1/3 cup red onion
salt and black pepper, to taste
feta cheese, crumbled (optional)