



El Paso Retired Teachers Association

GRAPEVINE

November 2015

Volume 2, Issue 3

PRESIDENT'S MESSAGE

Welcome to November, a very busy month for many! Let us thank our veterans as we celebrate Veterans Day and Thanksgiving.

For Your Information: Over \$300 in school supplies donated at the September luncheon were delivered to the Salvation Army in El Paso. They were very grateful and asked us to thank all of our members.

Many TRTA members attended the TRTA District XIX Conference in October. It was a fun and informative meeting/luncheon. Be sure to make plans to attend our November 19th luncheon where you will be able to meet and greet our Texas Legislators and to enjoy a Thanksgiving Dinner with friends.

My challenge to you at the September EPRTA luncheon was to contact a senior by calling or writing to someone during October that you have not connected with for a long time just to say "Hi, how are you?" In November, we can brighten the day of a retired teacher/support person by sending Thanksgiving cards, possibly something home-made. At the November luncheon, we will have a basket of Holiday cards to be sent to EPRTA retired seniors during the month of December. Hopefully, this will encourage them to make contact with members they know. The whole idea is to make it personal!

PLEASE RETURN THE 4x6 INDEX (MENTORING) CARDS TO ME EITHER AT THE NOVEMBER LUNCHEON OR BY MAIL BY THE END OF DECEMBER. BE SURE TO INCLUDE YOUR OWN NAME AND PHONE NUMBER AND ANY SPECIAL NOTE YOU WOULD LIKE TO INCLUDE.

Thank you for helping EPRTA to spread the "Wings of Love."

MEET OUR EPRTA BOARD MEMBERS

COMMUNITY SERVICE:

Ann Richardson

Ann, Texan by birth, taught Home Economics (now titled "Family and Consumer Science") in several El Paso ISD high schools for 38 years before retiring in 2000. She earned her Bachelor's degree at the University of Texas, Austin, and a Master's degree at Corpus Christi University. She is married to James Richardson, architect; she has a daughter residing in St. Petersburg, FL as well as a son and two granddaughters, ages 20 and 17, residing in Spring Branch, TX.

*"I am grateful for what I am and have.
My thanksgiving is perpetual."*

Henry David Thoreau



EPRTA LUNCHEON

Date & Time: November 19, 2015 @ 12:00 Noon
Location: Wyndham Airport Hotel
Program: Meet Our Legislators
Menu Entrée: Thanksgiving Dinner
Cost: \$17.00
Reservation
Deadline: November 12, 2015



Luncheon Reservations

The Wyndham requires that reservations be turned in on the Thursday before the Luncheon. The reservation deadline is listed above. If you are not contacted for the meeting, please call Lila Murphy at 253-5792 by the reservation deadline. If you make a reservation for the Luncheon, cannot attend, and cannot cancel by the deadline, you will be responsible for the cost of the meals reserved. Please pay the Treasurer, Nan Pollock.

Meal Choice Information

For each Luncheon, two (2) meals will be available. Those will be:

- (1) The regular meal published in this newsletter.
- (2) A veggie plate that will also be gluten-free and dairy-free. There is no guarantee that the salad or dessert will meet dietary needs.

Please tell your caller if you wish the veggie plate when you make your reservations.

Lila Murphy, Communication Chair, 253-5792



IN MEMORIUM

Blanca Varela
Jo Ruth Wosika

THINKING OF YOU

Anna Bingham
Lillian Bronson
Lillian Crouch
Barbara Graham
Page Morgan
Lupe Salazar

EPRTA LEADERSHIP

President:	Pat Lally
1 st Vice President:	James Lamonica
2 nd Vice President:	Anna Bingham
Treasurer:	Nanette Pollock
Secretary:	Beverley Mueller
Immediate Past President:	Robert Word
Community Service:	Ann Richardson
Foundation:	Hank Dunbar
Healthcare:	Beverly Baldwin
Legislative:	Aubrey Cherry
Member Benefits:	Joe Barbe
Protective Services:	Yolanda Barbe
Retirement Seminar:	Ruth Frith

The Book Shelf

Read a good book lately?
Want to share?
Need a new book to read?

Bring your book to our Luncheon. We have a book table where we share books. It's fun and there are always good tips on good books.

November is Foundation Month for TRTA and EPRTA

Please be ready to support our foundation when you have the opportunity to give at the January Luncheon.

WAYS TO PROTECT YOURSELF WHEN TRAVELING

1. Have a way to stay connected.
2. Give someone your itinerary.
3. Have the right documents and keep them safe.
4. Learn about the places you plan to visit.
5. Stay healthy.
6. Research your accommodations.
7. Protect your family.

<http://www.clarkhoward.com/travel-safety-tips-itinerary-e#.VjhHYGHCwjk.email>

HEALTHY TIPS

DRINK THIS TO STOP A COLD

Peel and grate about one-half ounce of fresh gingerroot or cut four slices, each the size of a quarter. Bring the ginger to a boil in two cups of water, turn down the heat and simmer for 20 minutes. Strain and drink a cup every few hours. The pungent components in ginger, called gingerols, help fight viruses. If you can handle a little spice, add one-eighth teaspoon of cayenne pepper to one cup of your brewed ginger tea to help clear your sinuses.

NOVEMBER MINI-PROJECT:

Holiday Toys for Children in Need

We will be collecting new, unwrapped, toys for children at the November 19th Luncheon. Coordinators, with the assistance of local social welfare agencies, church groups, and other local community agencies, sort the toys by age and distribute the toys to the less fortunate children of the community. Coordinators organize, coordinate and manage the campaign, the ultimate success depends on the support of the local community and the generosity of the people who donate toys.



NOTICES: There is no Grapevine in December. For those who have provided an email address, a revised electronic Yearbook will be emailed.

COMMUNITY SERVICE

The motto of the Community Volunteer Service Committee is "If it is to be, it is up to me." Each member of EPRTA can volunteer time and/or material goods to help us in our planned activities for this year. Many of you donate time and energy for the benefit of others in your community.

CONTINUE to keep a record of those hours on the form provided in this publication. Let's make volunteering the cool thing to do!

Security Wallets for Sale

We will have available for sale at the luncheon security credit card wallets for a discounted price of \$3. This is a great item to help secure your credit card information.

- Protect your identity
- Click-button for easy closing and opening
- 7 expandable pockets made of PVC
- Holds up to 10 credit cards
- Measures 4.25"x2.75"x.75", weighs 2.8 oz.
- Black credit card wallet. RFID blocking case

TRTA Community Volunteer Service Committee



Individual Hours of Community Volunteer Service

**Mail in January to Local Unit
Community Volunteer Service Committee Chairman**

HOURS TO BE REPORTED FOR TIME PERIOD JANUARY 1 THROUGH DECEMBER 31
Maximum of 12 hours per day

Remember: Return to **Ann Richardson**, Chairman, 4319 O'Keefe, El Paso 79902

1. Volunteer hours may be counted for any service that is provided without pay to an individual or group.
2. Record hours spent in volunteer work from the time you leave home until the time you return. Also count the time you spend preparing to do the volunteer work, i.e., preparing a speech or baking cookies.
3. Combine all volunteer hours regardless of type of service performed.
4. Make a habit of recording the activities on a regular basis. A calendar is ideal for keeping track.

Name _____

Phone _____

Local Unit _____ District _____

MONTH	TOTAL HOURS	MONTH	TOTAL HOURS
JANUARY		JULY	
FEBRUARY		AUGUST	
MARCH		SEPTEMBER	
APRIL		OCTOBER	
MAY		NOVEMBER	
JUNE		DECEMBER	

TOTAL: _____

2015-16 Yearbook Addendum

Althoff, Christine District State 7233 Lady Hawk Court 79912.....	474-0487
Barnhart, Bettye District State 2200 Febrero 79935-2500.....	592-3651
Barrientos, Maria Del Rosario District State 10949 Golden Pond 79934.....	373-0407
Butler, Jo Margaret State CM 5003 Columbine St. 79922.....	584-0422
Caruso, Teresa District State 4256 Canturbury Dr 79902-1352.....	478-1731
Christian, Frank Local Life, State 9100 John D Ryan Blvd Apt 525, San Antonio 78245.....	525-0738
Cordova, Elizabeth District State 3023 Copper Ave 79912.....	562-5150
Corral, Irma District State CM 515 Gregory Ave 79912.....	533-1224
Garcia, Frank District State 6100 Pino Real 79912.....	581-7450
Gillis, Joanne District State 309 Kingswood Dr. 79932-2216.....	581-4814
Gomersall, Evaline District State 300 Northwind Dr. 79912.....	584-4537
Gonzalez, Maria-Luisa District 505 Rossinate 88011.....	312-1046
Hall, Auguste 4536 General Maloney 79924.....	751-9252
Jentis, Marti District State 3900 Hueco Valley Dr. #604 79938.....	281-814-0043
Livingston, Nancy District State 10949 Golden Pond 79934.....	276-9666
McClellan, Juanita State CM P.O. Box 973228 79997.....	801-0563
McNiel, Bernadine Local Life 2222 N Florence St. 79902.....	329-3042
Moreno, Johnny 3427 Sheppard 79904.....	562-1310
Parga, Cecilia District State 2824 McKinley Ave 79912.....	996-3638
Robinson, Jenney District State 3020 Brandwood 79925-5511.....	490-4715
Steadman, Ida District State	

2015-16 Yearbook Addendum

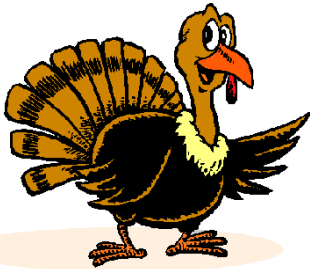
Velez, Lorraine District State 10400 Hermes Dr. 79924.....	479-8310
Wikstrom, Louise 801 Rusty Bucket Ct. 79904.....	875-0653
Yip, Luis 10662 Cardigan Dr. 79935.....	593-8482
York, Richard District State 7013 San Marino Dr. 79912.....	584-6159
York, Victoria District 7013 San Marino Dr. 79912.....	584-6159

Please add these pages to your Yearbook

El Paso Retired Teachers Association
5404 Vancouver
El Paso, TX 79924-4019

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Website: <http://localunits.org/elpasorta>

Facebook: <https://www.facebook.com/EPRTA>

Send newsletter suggestions or a request to be added to the email list to: jphlamonica@hotmail.com